

THE

COVERLINE

President Couple's Message

By Jim & Maureen McLane



The good news of natural family planning is ever more urgent as we hear of 'wars and the rumours of wars.' It's very easy to imagine that we must be in the last days of the 'end times' when we hear the news headlines each day. Almost every ailment in our society could be healed with the strengthening of the family, which, of course, ultimately depends on our faith and trust in God and his plan for human life. Every effort of ours to restore the culture of life will be rewarded. It is precisely at times as these that we must 'gird our loins' by praying more fervently, rolling up our sleeves and staying faithful to every good work.

Some of the initiatives that the Serena

Saskatchewan Board is working on include the planning of an informational evening for those interested in learning more about the symptothermal method, a postpartum refresher course, and gearing up for our first fundraiser gala event to take place in Saskatoon at St. Anne's Parish Hall on February 4th 2017. Check out the Serena Sk Facebook page for details.

Advent observance and Christmas celebrations are nearly upon us. We pray that all families in all circumstances will turn ever more readily to the One who made us and saves us and be a part of turning the tide in favour of life.



Hawaiian Gala Fundraiser

In the middle of our Saskatchewan winter, Serena SK invites you to join us for a destination themed evening getaway!

The fundraiser will include a catered banquet, silent auction, 50/50 draw, entertainment, wine toss, and photo booth.

Saturday, February
4th, 2017 at
5:00-8:30pm

St. Anne's parish hall (217
Lenore Drive, Saskatoon)

\$100/ticket (you will receive
a tax receipt for \$60)

Mark your calendar and buy
your tickets early by
emailing sask@serena.com
or calling 306-934-8223.



5th Annual Run for the Family

By Serena's Event Coordinator,
Annette Bentler

The Lord blessed the 5th
annual Serena Run for the
Family with such glorious
autumn weather. Many have

fond memories of the morning of Saturday, September 17th, 2016. The trees displayed their spectacular palette of autumn colours along the picturesque Meewasin Valley trail. With 74 people registered, this was the biggest turnout in the last five years. My son, Paul, encouraged himself at the half-way point with a carrot; he knew that amazing homemade cookies awaited him at the finish line. Families enjoy coming out for exercise, fun, food, and above all, connecting with other amazing families! My favourite moments were watching a 2-year old coming near the finish line then being magnetically pulled to the playground and later seeing her enjoy a two-fisted snack of a big cookie and banana. I get emotional when I see people working so hard to cross the finish line, not necessarily for a medal, but to beat their own record. I am also inspired by grandparents who make it possible for several of their children and grandchildren to participate. What a great family memory! Thank you to all volunteers and donors who make this event possible! If you would like to see more pictures of this event, please email us at sask@serena.ca or visit "Serena Saskatchewan" on Facebook. If you missed out, come join us next year on Sept 9th, 2017!

Race Winners



5km

Gold: Jerome
Montpetit (17:56)
Silver: Natalia
Bidulka (21:32)
Bronze: Dominic
Montpetit (21:58)



3km

Gold: Luc
Montpetit (12:54)
Silver: Robert
Molyneux (13:12)
Bronze: Eli
Jalbert (14:17)



1km

Gold: Vanessa
Montpetit (4:46)
Silver: Elisha
Sidloski (5:03)
Bronze: Nicholas
Levesque (5:06)

Pledges

Gold: Paul & Rachelle Bentler (\$1,112.90)
Silver: Molyneux Family (\$300)
Bronze: Levesque Family (\$210)
4th place: Schidlowsky Family (\$170)



Enter the 2016 Baby Draw

For your chance to win a \$100 gift card to Babies R Us, please email sask@serena.ca with the names of dad and mom along with baby's full name, gender, and birthday.

Please include your mailing address so that Serena can send a little gift to your new little one to say welcome to the outside world!

The draw for the gift card will take place after Dec 31st, 2016.

All Baby Draw entries will be included and celebrated in the first Coverline Newsletter of 2017.

Switch to Email

Please help Serena save on postage fees and be more environmental.

Send a message to sask@serena.ca with your full name(s) from the email address you wish Serena to use.
Subject: Serena email list.

The Health Ethics Guide

By Deborah Larmour

This guide was produced through the coordination of the Canadian Catholic Bishops and received input through a wide range of Canadian and internationally known professionals and experts in healthcare, ethics, and theology. We are told in the preamble that the Health Ethics Guide was designed for both personal and institutional use as follows:

For Catholics working in health and social service organizations that are not Catholic sponsored, the Health Ethics Guide provides valuable assistance. For people who work in Catholic health and social service organizations, regardless of whether they are members of the Catholic faith tradition, the Health Ethics Guide presents Catholic teaching and outlines the values that are to be respected by those who work within the organization. Finally the Health Ethics Guide can be used by persons receiving care, their families and anyone who seeks a framework to structure and articulate their own decision-making.

It is not a substitute for magisterial authority or as a substitute for the exercise of an informed conscience. That being said, it is an outline or guide of what one should be able to expect from Catholic Health and Social Service professionals and Catholic institutions. In the case of family planning information, the Guide also mentions the obligations of Catholic educators as well as health care professionals to be well informed in "natural methods" in order to help couples to exercise "responsible parenthood" by making "free and informed" decisions.

Of course, when health care professionals and educators are not informed about modern, scientific methods of Natural Family Planning, or give information that is heavily biased against these methods, truly informed decisions are difficult. This is to say nothing about the fact that many couples are truly lacking in instruction as to the reasons behind the moral unacceptability of contraception which either "temporarily or permanently" deliberately deprives the marital act of its procreative potential, thereby diminishing its unitive capacity as well. In answer to this, the Guide makes reference to the "personalist norm" and the innate dignity of the human person as man or woman that is more fully explained in the teachings of the Church Fathers and most emphatically in the scriptural exegesis of Pope St. John Paul II entitled the *Theology of the Body*. In this regard, the Guide offers a very "bare bones" approach to the topic and further study and information on Catholic anthropology is vital to informing one's conscience on this issue.

The *Health Ethics Guide*, (3rd Ed.) is distributed by Novalis. To order copies go to www.novalis.ca; e-books are also available through amazon.ca.

