

# THE COVERLINE

## President Couple's Message

By Jim & Maureen McLane



This past summer has reminded us of summers when we were kids with a lot of hot summer days and thunderstorms that are awe inspiring. We hope your summer has been one of relaxing with family and friends and taking time to get away from the busyness of ordinary life. In July, we even got to drive through the majestic Rockies on our way to a wonderful wedding celebration in Kamloops. Weddings are always times of renewal and excitement for what can happen in a family when a couple truly embraces their God-given sexuality. It reminds us of what St. John Paul II said regarding marriage: *'The person who does not decide to love forever will find it very difficult to really love for even one day.'*

As autumn approaches, we look forward to the Run for the Family on September 17<sup>th</sup> when we gather in Saskatoon to reconnect for another Serena event. Please plan to come out for this exciting event with young people, moms, dads, and even grandparents. Let's run (or walk) for the

family! It is always good to reflect on how important the family is to society, especially in these confusing times when the family and sexuality are under attack on many fronts.

Please promote the Saskatchewan Serena website as it is full of excellent testimonials and materials on NFP. We encourage all married couples to live and promote NFP amongst their family and friends because it embraces the sanctity and dignity of all human life. *'I call heaven and earth to witness against you this day that I have set before you, life and death, blessing and curse; therefore choose life.'* Deut: 30:19.

Watch for exciting developments on the Serena national front as our national organization begins a process of renewal to launch the promotion of NFP as a main pillar for authentic love in marriage. Our provincial organization will, of course, tap into all of the new promotional material coming out of Serena Canada. Don and Deborah Larmour, the Serena Canada president couple, will be keeping us posted on all the new national developments.



# 5th Annual RUN *for the* FAMILY



Managing your fertility naturally  
in Canada since 1955



## Saturday, September 17, 2016

### 8:30am

Event Name	Early Bird (by Aug. 27)	Regular
1 km Run/Walk	\$ 10	\$ 15
3 km Run/Walk	\$ 25	\$ 30
5 km Run/Walk	\$ 40	\$ 45
Family*	\$100+	\$125+

(+ \$10 for additional family member)

**Minimal processing fee on top of registration fee.**

\* Family rate is for a family living in the same household. Min 3 and max 12. After 8 members, each member will be charged \$10 as additional fee.

\* **Registration open until September 15th**

### HOW CAN I HELP?

- \* Make a donation for goodie bags or door prizes.
- \* Be a volunteer on race day.
- \* Make or collect pledges. (Contact us for a pledge form.)

SCAN &  
REGISTER



### PLEDGE PRIZES

1st place = \$200  
2nd place = \$100  
3rd place = \$50

Medals to  
1st/2nd/3rd  
place winners!  
Win great  
door prizes!



\* **strollers welcome!**

### REGISTER SOON!

Visit [www.runningroom.com](http://www.runningroom.com)  
(races - province - SK - date)  
First 200 registrations  
accepted.

#### FOR MORE INFO:

Contact SERENA Saskatchewan  
[sask@serena.ca](mailto:sask@serena.ca) or 306-934-8223



## Hawaiian Gala Fundraiser

In the middle of our Saskatchewan winter, Serena SK invites you to join us for a destination themed evening getaway! The fundraiser will include a catered banquet, silent auction, 50/50 draw, entertainment, wine toss, and photo booth.

Saturday, February 4th, 2017 at 5:00-8:30pm

St. Anne's parish hall (217 Lenore Drive, Saskatoon)

\$100/ticket (you will receive a tax receipt for \$60)

Mark your calendar and buy your tickets early by emailing [sask@serena.com](mailto:sask@serena.com) or calling 306-934-8223.

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## Are You Interested in Joining our Provincial Board?

We are currently seeking Serena user couples to join our team on the board. If you would like to take on a larger role in Serena in this specific capacity please let us know by contacting [sask@serena.ca](mailto:sask@serena.ca).

## Enter the 2016 Baby Draw

For your chance to win a \$100 gift card to Babies R Us, please email [sask@serena.ca](mailto:sask@serena.ca) with the names of dad and mom along with baby's full name, gender, and birthday.

Please include your mailing address so that Serena can send a little gift to your new little one to say welcome to the outside world!

The draw for the gift card will take place after Dec 31st, 2016.

All Baby Draw entries will be included and celebrated in the first Coverline Newsletter of 2017.

## Switch to Email

Please help Serena save on postage fees and be more environmental.

Send a message to [sask@serena.ca](mailto:sask@serena.ca) with your full name(s) from the email address you wish Serena to use. Subject: Serena email list.



## We Honour Our Foundress

By Don & Deb Larmour

It is with great sadness that we receive the notification of the passing of a truly great woman: Rita Henry-Breault. Rita was a woman of deep resolve and she lived her Catholic faith with gentleness, conviction, and courage. As one of the founders of SERENA, Rita, together with her husband Gilles, paved the way for SERENA to assist many couples world wide to receive the gift of serenity in their marriage and family through the use of the SERENA method of Natural Family Planning. Rita and Gilles courageously researched and developed the Sympto-Thermal Method in its very early stages. This was at a time (in the 1950's) when it was a bold pioneering work to help couples gain a measure of peace in their efforts to space pregnancy and choose responsible parenthood. The Breault's chose to share their knowledge at great personal cost as they were literally overcome with requests to learn this method and lifestyle.

As co-presidents of SERENA CANADA, Don and I would like to acknowledge our debt of gratitude for the work of the Breault's in founding this organization. Rita was a woman who had a great heart for helping couples live

"authentic intimacy" and, with other founding mothers and fathers, was responsible for giving our organization life. We pray

that as we face the challenges of the future we can remain true to the legacy of Rita and our founders by continuing to share this profound gift of life and love with future generations. Despite significant cultural and technological changes, we believe the values of SERENA are as important today as they were 60+ years ago and they will endure to help build strong and healthy marriages.

We pray for comfort for those who most profoundly feel the loss of this beautiful woman. We offer you all our love and support during this difficult time and we send you our most sincere condolences. May God grant Rita eternal remembrance in a place of joy and peace.



Please make your cheque payable to Serena SK and mail it along with this portion to:

**Box 7375  
Saskatoon SK, S7K 4J3**

All Donations are  
tax-deductible

Charitable Number:  
889135844RR0001

### I will support Serena SK!



I would like to make a one-time donation  
in the amount of \$ \_\_\_\_\_

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City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

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Email: \_\_\_\_\_