

Serena Canada: Statement of Core Values

Introduction

We believe that every human being passes into adulthood by way of the family, and that the ability of every person to function in society is impacted, for better or worse, by that experience. Strengthening the natural family unit, of mother, father and their children, is therefore fundamental to ensuring the future functioning of our society and our country.

The marriage commitment is at the heart of healthy functioning of the family. A strong marital relationship protects against family breakdown and provides the most secure and healthy atmosphere in which children are able to grow and mature.

The Human Person

Respect for human life from conception is central to our philosophy.

We believe that every human being has the right and responsibility to understand his or her sexuality and fertility. Fertility is a gift that is part of the human constitution and therefore our sexuality is central to our human dignity. We also believe that all human beings have the right to make free and fully informed choices as adult men and women.

Our Approach

We support a natural approach to fertility and family planning and as such believe that artificial methods work against the values that support couples, women and the environment. We believe that temporary abstinence enhances relationship by building anticipation and mutual respect.

We as an organization firmly reject the use of all forms of artificial contraception; surgical, chemical, mechanical, and hormonal. We believe hormonal contraceptives, in any form, can seriously increase the health risks of the women taking them. Hormonal contraception has had a profound negative impact on the environment, with implications that are not yet fully understood.

The Couple

We believe that the couple to couple approach promoted by the Serena Sympto-Thermal Method is one of the best supports for couples desiring to manage their fertility. Too often in today's society, fertility is seen as merely a women's issue. Our method encourages participation from both partners, in order to help make family planning a joint decision.

Conclusion

The Sympto-Thermal Method of Natural Family Planning, developed and taught by Serena, is extremely effective in both postponing and achieving pregnancy. It is respectful of our dignity as persons. It strengthens the marital relationship, is healthy, and easy to learn.