

THE COVERLINE

President Couple's Message

By Jim & Maureen McLane

As we begin our term as President Couple for Serena SK we offer our sincere thanks and appreciation to Don & Deb Larmour for their exceptional leadership through the past six years. We also recognize and thank our coordinators Annette Bentler and Christine Kleiboer as well as each of the Board members: Kevin Bentler, Brad & Wendy Breit, Claude & Michele Jalbert, Adam & Amanda Lowe, Andrew & Shancelle Hildebrandt, and Aaron Koch. We welcome Rob & Angela Thomas and Cary & Sandy Molyneux to the Board.



Cary Molyneux has been hired to develop a website for Serena SK which will be linked to the national website. Once it is up and running we will be able to proceed with billboard advertising to help get the word about NFP out into the public eye.

In May, Jim had the opportunity to attend the Theology of the Body conference at St. Therese School of Faith and Mission in Bruno. It was a very rewarding experience which will enhance our teaching and promotion of the gift of sexuality and NFP. While at St. Therese he also spoke with the administration and next year they would like two couples to present teaching on Serena and the witness of NFP in the couple's lives and marriage. This is a great opportunity to share the good news of the symptom-thermal message of Serena.

Our next major event will be the Run for the Family on September 12, 2015. We encourage everyone to participate in whatever capacity that suits them: running, walking, volunteering, donating prizes, or just spreading the word.

Another initiative we have in the planning stage is a weekend for teacher couples to come together for ongoing education, refreshment, & camaraderie. And, of course, the invitation is always open to new couples interested in training to teach NFP.



We look forward to our term as President Couple in working with the Board and Serena Canada to educate more couples in the "art" of NFP.

Introducing our New Board

President Couple:
Jim & Maureen McLane

Past Presidents:
Don & Deb Larmour

Vice President Couple:
Adam & Amanda Lowe

Treasurer Couple:
Rob & Angela Thomas

Secretary: Kevin Bentler

Members at Large:
Brad & Wendy Breit
Andrew & Shancelle
Hildebrandt
Claude & Michele Jalbert
Cary & Sandy Molyneux

Events Coordinator:
Annette Bentler

Co-Coordinator &
Coverline Editor:
Christine Kleiboer

Book Keeper:
Aaron Koch

Interested in Taking a Class?

If you would like to learn the
Serena method of NFP
email sask@serena.ca or
call/text 306-934-8223
to be connected with a
teacher couple

**SERENA
ROCKS**



Serena SK invites
you out to the

4th Annual Run For The Family

as we celebrate our
diamond
anniversary of 60
years with the
Sympto-Thermal
Method in Canada!

Saturday September 12th, 2015

There are many ways to participate:

- Run or walk and encourage your friends to join you
1km: \$10 entry fee/person
3km: \$25 entry fee/person
5km: \$50 entry fee/person
- Make a donation for the goodie bags or door prizes
- Make or collect pledges
- Volunteer on race day

To register visit www.runningroom.com
(click races > province: SK > date: Sept 12 > register)

To volunteer or make a donation email sask@serena.ca



2015 Marks Serena Canada's 60th Anniversary

By Annette Bentler



Serena SK was blessed to host Serena Canada's AGM Feb 6-8, 2015. Delegates from across the country gathered at Queen's House of Retreats in Saskatoon to talk business and to re-ignite the fire that began in 1955. To celebrate this milestone, we invited the public to celebrate our 60th anniversary - Ukrainian style. Our

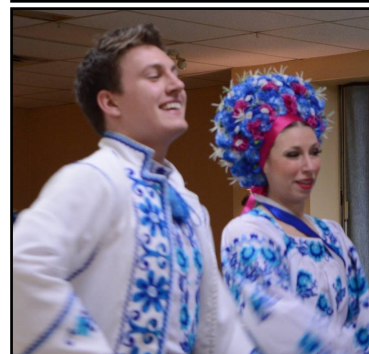
caterer

amazed us with authentic Ukrainian dishes and we were treated to three dances from the Yevshan Ukrainian Folk Ballet Ensemble. Similar to a wedding, our President Couple, Don and Deb Larmour, presented a toast to which our medical advisor, Dr. Suzanne Parenteau-Carreau, replied.

From Serena's humble beginnings, we have grown to be a national organization thanks to Giles & Rita Breault, Dr. Suzanne Parenteau, Raymond & Marie-Paule Doyle, and other pioneers. We cannot forget our heritage as we reach out to a new generation of NFP couples.

What do NFP and the Ukrainian culture have in common? As Tanya introduced the Yevshan dancers the similarities became apparent. When they performed in their homeland of Ukraine, their audience was moved to tears. They were amazing athletes who performed the dances with energy and precision; their authentic costumes were bright and beautiful; and their contagious smiles showed how much they loved to dance. However, this is not what brought tears in both the audience and the dancers. The audience was moved that young people in Canada passionately kept the Ukrainian culture and traditions alive. Although Serena's roots do not stretch as far back as Ukraine's, we are touched that young people want to continue to carry the torch that was lit 60 years ago. The future of Serena Canada is hopeful.

In a culture where contraception is the norm, we sometimes feel that our service is not wanted. We cannot fall into that trap - we are needed more than ever! Marriages and families are hurting. NFP is not a bandaid but the cure. Serena is all about healthy bodies and healthy relationships which do not set up barriers or mask fertility but work with it to ensure that couples can plan their families and be responsible parents.





We Have A Winner!

Congratulations to Marc & Leah Perrault on winning the 2014 Baby Draw. Charlize received a \$100 gift card to Babies R Us.

Enter the 2015 Baby Draw

The 2015 Baby Draw will take place after Dec 31 2015. To enter for your chance to win a \$100 gift card to Babies R Us please email sask@serena.ca with the names of dad & mom along with your baby's full name, gender, and birthday. Please include your mailing address so Serena can send a gift to your little one to say welcome to the world!

Best Wishes To All Of The Families Who Have Welcomed Little Ones Born In 2014:

Jesse & Jessica Siemens: Sadie Marie (Jan 21)
 Myron & Rebecca Janzen: Mark Benjamin (Feb 9)
 Jeff & Anne Marie Booker: Thomas Jeffrey (Feb 15)
 Lorne & Angela Weiler: Austin Michael (Feb 15)
 Daniel & Sarah Denis: Benoit Colin (Mar 15)
 Paul & Stephanie Muzyka: Drew (Mar 17)
 Chris & Marie Porter: Frederick Vincent James (May 3)
 Claude & Roxanne Martine: Chanaya Grace (May 24)
 John & Heather Hickey: Charlotte May (June 10)
 Nathan & Brenda Deihl: Isaiah Andrew Michael (June 16)
 Charles & Heather Robertson: Perpetua Lucia (June 26)
 Steve & Monica Sikora: Theodore Declan (July 5)
 Brendan & Tasha Janz: Clara (July 20)
 Nathan & Brandy Pyle: Sarah Marie-Anne (July 22)
 Colm & Sharon Leyne: Ezra Patrick Joseph (Aug 2)
 Richard & Lindsay Schlichemeyer: Dominic John Paul (Aug 14)
 Matthew & Katherine Farthing: Thomas James (Aug 25)
 Marc & Leah Perrault: Charlize Lorell (Sept 22)
 Steven & Avril Kahovec: Liv Ramona (Sept 26)
 Peter & Laurie Couture: Andrew Xavier (Oct 19)
 Ryan & Anna Topping: John Paul Alexander (Oct 25)
 Patrick & Samantha Levesque: Zelig Mary Ann (Nov 23)
 Richard & Carmen Kolla: Xavier Louis (Dec 3)

Sexuality and Our Children

Serena SK is hosting our annual social in Saskatoon on Sat Feb 6th, 2016. Guest speaker, Shawna Sparrow, author of *Tough Crowd - my Adventures as a Chastity Educator*, will share when and how do to approach sexuality with our children. Banquet, wine, entertainment, & door prizes. For tickets (\$25 each), please contact Serena at sask@serena.ca.